



PARTICIPANTS NEEDED FOR RESEARCH STUDY

You may be eligible to participate if you:

- Have at least one cardiovascular disease (CVD) risk factor (e.g. hypertension, high blood cholesterol, diabetes, have a BMI >25m², or are a regular cigarette smoker)
- Are over 18 years old.
- Live in Perth (WA).

We want to hear about your diet, your knowledge of the health benefits of different vegetables, and what helps or prevents you eating green vegetables, to learn how we can help make a difference.

The study involves:

- Completing an online survey (~30 minutes).
- Attending a group meeting and discussion (1-2 hours in the Perth city).

Participants will receive a \$30 gift card to reimburse costs of participation.

For more information and to express your interest in participating, please email the study coordinator at greenvegetablestudy@ecu.edu.au

This research project has received the approval of ECU's Human Research Ethics Committee (approval number 2023-04958-DUPUY).