



Passionfruit Cake

Passionfruit cake is a delicious, sweet snack packed full of fruity flavour for a simple and quick nutritious mini meal during the morning or afternoon. A popular treat with children and adults alike.





Serves 30 children



45 minutes

INGREDIENTS

Margarine 145g (1/2 C)

Castor sugar 210g (1C)

Flour, self-raising, sifted 325g (2 ½ C)

Baking powder 1g (1t)

Egg, whole 120g (2 60g eggs)

Milk, skimmed 125ml (1/2 C)

Passionfruit pulp, tinned 140g (1 small tin)

DIRECTIONS

- 1. Preheat oven to 180°C. Grease and line a lamington cake tin with baking paper.
- 2. In a large mixing bowl, beat margarine and sugar until creamy in colour.
- 3. Add eggs one at a time and beat well.
- 4. Sift flour and baking powder together and add into butter mixture.
- 5. Combine milk and passionfruit pulp in a jug.
- 6. Add milk and passionfruit to above mixture and stir.
- 7. Pour mixture into the lamington cake tin and bake in oven for 35 minutes.
- 8. Remove from oven and leave to cool for 5 minutes before turning out on a cooling rack.
- 9. Cut into 30 small pieces.

Allergy Information

Contains: cow's milk protein, egg, wheat.

Some baking powders contain wheat.

Childcare RDI Calculator:

Fat	100 %
Vegetables	O %
Meat/Alt*	10 %
Cereals	30 %
Dairy	10 %
Fruit	10 %

^{*} meat = lean meats, poultry and fish; meat alternatives = eggs, tofu, nuts, seeds, legumes and beans

This recipe is sources from the Nourish Cookbook: The complete guide for Food Coordinators in Education and Care Services



