



# Opportunity to be involved as a Research Buddy

## Are you passionate about food, health, or sustainability?

Edith Cowan University's Nutrition and Health innovation Institute (NHRI) is actively seeking to connect with a diverse group of consumers to guide our research on shifting our food supply for human and planetary health.

## What am I expected to do?

We are looking for Research Buddies who can:

- Participate in meetings or workshops to provide ongoing guidance by sharing your lived experience perspective
- Review project documents and research plans
- Share lived experience to help ensure research matches the needs and priorities of consumers

## What skills or experience do I need?

No prior experience in research or consumer involvement is necessary, however the following are required:

- Willingness to engage in discussions and provide feedback
- Ability to review documents and confidence to make suggestions
- Interest in research and a desire to contribute to positive change

## You might be a great fit if you...

- Have personal or family experience with diet-related health issues
- Are passionate about nutrition, fitness, or sustainable eating
- Bring unique cultural or generational food perspectives
- Have changed how you eat – for health, the planet, or other reasons
- Grow or produce food yourself

**A \$37.50 per hour honorarium is offered to successful applicants.**

